

SYNERGY ELDERLY CARE (SEC)

SUPPORTING ELDERLY HOUSEHOLDS WITH FOOD DURING CIVID-19
LOCK DOWN



SPECIAL THANKS TO DR. FRANCESCA RICKLI AND TOBBY

With the support of 210 CHF, equivalent to 753.000 ug shs, we managed to provide food to 20 households covering two villages; Nakabugo and Kireka in Wakiso District

Musenze Margaret. Margaret lost her husband 2 months before the lockdown. She lives with 2 grand children whom she supports from her vegetable selling business. Her paralyzed side of the arm however does not allow her to work for long



Rose. Says she is about 80 years. Her and the grandchild of 11 years survive on subsistence farming



Nakamya Doreen 80 years+. Nakamya is frail and unable to work anymore. she gets food from neighbors and good Samaritans bring her some food.



Tausi Sarah Namwandu. In the house she lives alone but her son who is a barber is also staying in the neighborhood.



Lawrence Kiwanuka 81. Kiwanuka lives with his wife and one grandson. He got a stroke three weeks ago and this lives only his wife as the bread winner for the family (no pic).

Margaret Maria Mulondo 83. Margaret lost her sight seven years back but lives with other 8 people in the house. 3 of them are adults and were engaged in petty trading before the lockdown. They are all sited at home and unable to work therefore not earning. They were really struggling.



Fausta Nakiseka 71. Fausta lives with her husband. She seemed stronger, but the small tomato selling business on which they survived had collapsed even before Covid time, and she is looking for capital of 100.000 shs, approx 30 USD to re-start the business



Nakityo Mulokole. We found Nakityo praying so she did not speak to us a lot. But she sells sweet potatoes from which she gets her daily income (no pic)

Nakiguli Maria Falaska 88. Nakiguli leaves alone in the house but by the time of our visit her grandchildren had visited and got caught up at her home by the lockdown. Her daughter who lives nearby was her main provider but got an accident a few days before the lockdown and stopped working.



Nangendo Beatrice. Beatrice has some adult grandchildren who seemingly take very good care of her, she seemed very clean and well taken care of. Their main provider however had not sent them money for the last 3 weeks and they were finding it hard to get food.



Nansasi Elizabeth 80+ She leaves with four grandchildren in the house. Some of her children used to send her food but after the lockdown food has not been coming.

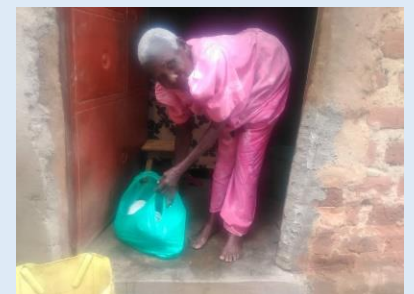


Ssonko Joseph 75. Ssonko lives alone, survives on the mercy of the well-wishers, and sometimes he spends a day without eating (no pic)

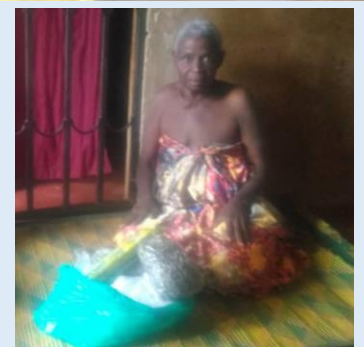
Kayizzi Grace 83. Kayizzi lives with 4 grandchildren and they do some cultivation around their house.



Najobe Rebecca. She lives home with her daughter and some grandchildren. It is a household of 5 people that depends on farming.

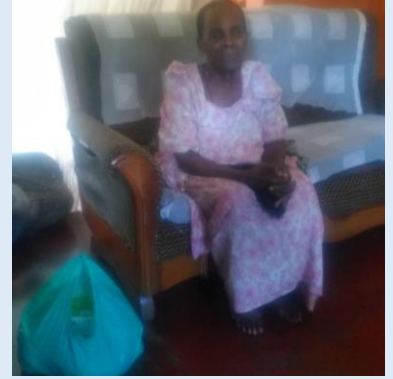


Costa Nakalembe. This one lives alone in the house but she has a son who leaves nearby, the son used to provide her with food but he no longer works due to the lock down



Christine Nantongo 80+. Christine is quite unwell, her legs are hurting she says, but is still able to sell charcoal from which she gets money for food.

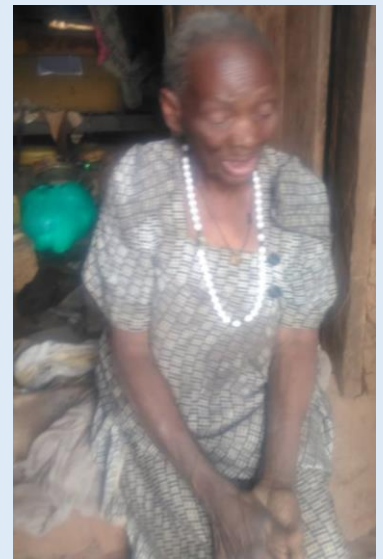
Elizabeth Nakirye. She is taken care of one of her daughters who divorced and is also having 4 children of 2-7 years. They had grown jackfruit which her daughter sells on the roadside in front of their house to get food.



Elivarson Katerega 75. Elivarson lives with her 90-year-old husband. They are taken care of by their daughter who has three young kids. They get food from the garden near by where the daughter cultivates



Yulita Matovu. Yulita says she was digging and growing her own food, but now she has become weak and cannot move the distance to her garden. She lives with some grandchildren but says they cannot go to the garden since they have to be at school. She is planning to sell a few things in her house like the chairs, and hire someone to dig for her.



Kijjambu Fabiano Ssalongo 78. Kijjambu lost one of his eyes when robbers attacked him. He lives in the house with his wife (50), the lockdown found them with some of their grandchildren (5) who had come to visit and now they are living together yet they didn't have enough food to feed them.



It was such an interesting exercise, but of course as usual, the needs are overwhelming. My team and i wish to continue looking for well-wishers to support the elderly people, but more meaningfully, we want to support those who can still work, with some capital or skills to help them survive in a more sustainable way if possible. The team is made up of; Rehema(myself), Shafic (who was my research assistant when I collected my PhD survey data) and one VHT, Margaret.

Special thanks to you Dr Rickli and Toby. Your support was great and so timely. Many of the people who received food were surprised that someone could think about them in such a time. In total, approximately 120 people in the 20 households were supported with food that would last for a period of about 10 or more days